



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Huntsville City Schools

Month and year of current assessment: May 2022

Date of last Local Wellness Policy revision:
6/1/2018

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: __https://www.huntsvillecityschools.org/departments/child-nutrition-program

Wellness Committee Information

How often does your district wellness committee meet?

Monthly

District Wellness Coordinator

Name	School	Job Title	Email Address
Henry Ward	Child Nutrition	Child Nutrition Prog. Dir.	Henry.ward@hsv-k12.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Henry Ward	Child Nutrition	Child Nutrition Prog. Dir.	Henry.ward@hsv-k12.org

District Wellness Committee Members

Name	School	Job Title	Email Address
Henry Ward	Child Nutrition	Child Nutrition Prog. (CNP) Director	Henry.ward@hsv-k12.org
Sonya Mastin	Child Nutrition	CNP Coordinator	Sonya.Mastin@hsv-k12.org
Donna West	Child Nutrition	CNP Area Supervisor	Donna.West@hsv-k12.org

*See page 13 for space to add Wellness Committee members.

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

- Nutrition Education
 - Expanding goals to provide students with more knowledge of nutrition education.
 - Provide more details in the farm to school program which addresses local purchasing and sustainability practices
- USDA Standards
 - Breakfast in the classroom is available at specific schools to promote the School Breakfast Program
 - HCS Parents/Guardians will be given an opportunity to qualify for free or reduced school meals if their child does not attend a school under the CEP provision
 - Annual training programs are assigned to Child Nutrition Program staff prior to the start of each school year.
- Nutrition Standards
 - All food items that are sold within the Child Nutrition Program are classified as Smart Snack compliant
 - All beverages that are sold are Smart Snack compliant
 - All Vended meals meet USDA guidelines
 - The fundraising policy is sent to all school site administrators annually
 - It is stressed that food cannot be used as a punishment or reward
- Wellness Promotion & Marketing
 - We need to encourage staff to engage in healthy eating behaviors
 - Does not address physical activity being used as reward or punishment
 - Need strategies to support employee wellness
 - Need to restrict marketing on school sites of foods other than those that are Smart Snack compliant
- Evaluation
 - Officials are designated to assemble and maintain a district wellness committee

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)	Describe progress and next steps:
<p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> ☐ All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs ☐ All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) ☐ Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>All individual food items served during school meals currently meet all USDA guidelines.</p> <p>Ensure that all school site administrators are aware of the Smart Snack policy.</p> <p>Any items used for fundraising purpose must be sold according to the current Smart Snack policy.</p> <p>Reimbursable meals will be executed according to the approved USDA meal patterns.</p>

Access to free potable water on campus	Describe progress and next steps:
<p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p>	<p>Potable water will be made available to students by the following process:</p> <ul style="list-style-type: none"> ▪ Water fountains located in the cafeteria seating areas. ▪ Water dispensers will be made available at the serving lines located inside the dining areas.

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p>	<p>Attestation statements and Smart Snack guidelines are sent to Principals annually that outlines the compliance policy of the ALSDE.</p>

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>The Child Nutrition Program will market food items that are compliant with USDA Smart Snacks mandates to be sold during school hours.</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p>	<p>The curriculum for physical education sets goals for physical characteristics, cognitive skills, and social skills. This assists the student population with activities to promote wellness.</p> <p>Physical activities include:</p> <p>Organized Sports such as football, track and field, baseball, swimming, and volleyball. Other opportunities include intramural sports and enrichment programs which promote health and mobility.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u></p> <p>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p>	<p>The Child Nutrition Program will look to distribute and make available literature that describes nutritional messages during the school year at school sites.</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p>	<p>Wellness practices will be meshed with physical activities that involve fitness and overall health.</p> <p>The school curriculum will align itself with the USDA compliant school meals and use this coordination to motivate students to participate in wellness awareness and conditioning.</p> <p>School activities will entail physical education instruction, enrichment programs that are physical in nature, and Child Nutrition Program awareness materials.</p>

CHECKLIST:

Triennial Assessment was made public:

Date: 6/23/22

Updated Wellness Policy received Board approval: (if applicable)

Date: _____

Wellness Policy was made public:

Date: 6/23/22

SIGNATURES:


District Wellness Assessment Leader

PRINT NAME: Henry Ward

DATE: 6/13/22


District Wellness Coordinator

PRINT NAME: Henry Ward

DATE: 6/13/22


Superintendent

PRINT NAME: Christie Finley

DATE: 6/14/22

District Wellness Committee Members continued

<u>Name</u>	<u>School Site</u>	<u>Job Title</u>	<u>Email</u>
Jody Moore	AAA Elem.	Teacher 6th Grade	jody.moore@hsv-k12.org
Amber Watts	AAA Middle	Teacher Language Arts	amber.watts@hsv-k12.org
Laporshca Ward	ASFL Elem.	Teacher	laporscha.ward@hsv-k12.org
Daniel Luttrell	ASFL Middle	Phys Ed Teacher	Daniel.luttrell@hsv-k12.org
Miranda Wilkerson	Blossomwood	Teacher	miranda.wilkerson@hsv-k12.org
Lori Johnson	Chaffee	Admin. Assistant	lori.johnson@hsv-k12.org
Vicki Smith	Challenger Elem.	Teacher 4th Grade	Vicki.Smith@hsv-k12.org
Jeffrey Haley	Challenger Middle	Teacher	jeffrey.haley@hsv-k12.org
Stewart Thorson	Chapman Elem.	Principal	Stewart.thorson@hsv-k12.org
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Lorrie Thorstad	Columbia	Teacher Health Sciences	lorrie.thorstad@hsv-k12.org
Sarah Hill	Farley	Teacher Kindegarten	Sarah.Hill@hsv-k12.org
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Ashley Jackson	Hampton Cove Elem.	Teacher Kindegarten	ashley.jackson@hsv-k12.org
Hovet Dixon	Highlands	Principal	Hovet.Dixon@hsv-k12.org
Graciela Bryant	Huntsville High	Teacher Health Ed.	graciela.bryant@hsv-k12.org
Tim Cole	Huntsville Jr. High	Phys Ed Teacher	timothy.cole@hsv-k12.org
Beth Nash	James Dawson	K-5 Curriculum Specialist	beth.nash@hsv-k12.org
Megan Dempsey	Jemison	Teacher	megan.dempsey@hsv-k12.org
Jennifer Cofield	Jones Valley	Teacher 1st Grade	jennifer.cofield@hsv-k12.org
Shayna Johnson	Lakewood	Teacher 4th Grade	Shayna.Johnson@hsv-k12.org
Richard Jernigan	Lee High	Asst. Principal	richard.jernigan@hsv-k12.org
Nancy Franklin	McDonnell	Teacher 1st Grade	Nancy.franklin@hsv-k12.org
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Rebecca Campbell	Monte Sano	Gifted and Talented Ed.	rebecca.campbell@hsv-k12.org
Harold Swopes	Montview	Phys Ed Teacher	harold.swopes@hsv-k12.org
Pam Hogue	Morris Elem.	SPEECH LANGUAGE PATHOLOGIST	pamela.smith-hogue@hsv-k12.org
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Kim Board	New Century	Teacher	kim.board@hsv-k12.org
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Lorie Wilson	Rolling Hills	School Nurse	lorie.wilson@hsv-k12.org
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